



DQUAC: the Provider Network for the Denver Afterschool Alliance

DQUAC

(Denver Quality Afterschool Connection)

Professional Development Slate

January 2020-May 2020

DQUAC.COM to register

 The screenshot shows the top portion of the DQUAC website. At the top is a navigation menu with links for 'Home', 'About', 'PD Opportunities', 'Resources', and 'Contact'. Below the menu is a photograph of four women sitting around a table in a meeting, looking at documents and talking. The website content below the photo includes the title 'The Denver Quality Afterschool Connection', a mission statement, and a list of purposes.

The Denver Quality Afterschool Connection

MISSION: DQUAC is a communications network, a support system, and a collaborative environment for youth serving organizations.

Our purposes:

- to support quality programming through sharing best practices and offering professional development
- to contribute expertise to initiatives, organizations and efforts in the Denver Metro
- to raise public awareness and support for OST programming as a research-proven method to increase youth's success in school and life, support families and improve communities

DQUAC Sessions:

Becoming a Culturally Responsive Educator Part I & 2

Building a Culturally Responsive Learning Environment

Building Your Career- Resume and Interviewing 101

Coffee & Conversation: In-Person Youth Programming During COVID-19

Coffee and Conversation: Increasing Youth Voice and Leadership in Programming

Communication and Rapport Building

Diversity, Equity, and Inclusion with Youth in Nature and the Outdoors

Emotional Literacy at Your Site

Equitable Partnerships With Youth: Why and How to Make It Happen In Your Program

Foundations of a Trauma-Informed Approach Part 1 & 2

How Do I Answer Questions about Healthy Sexuality??!!

How to Facilitate for Adults to Thrive

How to Host a Virtual Meeting/Training for Adults

I Am Better Than Average: Authentically Supporting Young People to Discover and Build Empowered

Infusing PYD & CQI into Virtual Offerings for Youth

Integrating Mindfulness into Youth Service Settings (2 Parts)

Let's Celebrate! Overcoming our negativity

Leveraging SEAL in Tough Situations

Peaceful Minds, Peaceful Programs

Positive Youth Development

Quality 101

Quality 201: Continuous Quality Improvement Basics

Refugee Youth: Challenges, Barriers and Factors that Influence Successful Integration

Team Building in the Virtual World- how to keep your staff engaged

Using Google & YouTube to Connect with Kids

You're Doing It, and You (probably) Don't Even Know It... - Exploring Our Biases

Youth Development Executive Director Meetup (Coffee & Conversation) - February 2020

January 2020

I Am Better Than Average: Authentically Supporting Young People to Discover and Build Empowered Identities

Facilitator: Jonathan Charles McMillan, Director, Be Better Than Average

Date: Thursday, January 9, 2020

Time: 9 a.m.-12 p.m.

Location: DPS Acoma Campus (1617 South Acoma St., Denver, CO, 80223), Room 113

Description: Who am I? Who am I supposed to be? How do I show up in the world? How am I supposed to show up? What if I don't feel comfortable with the identity or in the role that others assign to me? How do I decide and stand strong in who I want to be? These are all questions that even adults struggle to answer and it is incredibly difficult for young people who are just discovering the world. They are reliant upon the trusted adults in their lives for inspiration, encouragement, advice, assistance and an expectation of reciprocal accountability when it comes to figuring out who they need to be in order to be empowered to be who they want to be.

Takeaways:

- Learn the skills and strategies to facilitate challenging conversations with the young people
- Develop techniques to help youth form their own identities and be comfortable with whom they choose to be.

Session Style: Lecture; Round table discussion; Interactive workshop

Recommended for: Direct service/site staff; Managers or site leads; Organization leadership; New to youth development

Quality 101

Facilitator: John Lewis, Data and Quality Manager/Network Lead, Denver Public Schools & Denver Afterschool Alliance

Date: Tuesday, January 14, 2020

Time: 10:00 a.m. – 12:00 p.m.

Location: DPS Acoma Campus (1617 South Acoma St., Denver, CO, 80223), Room 113

Description: A Denver Afterschool Alliance workshop designed to be an introduction to quality in afterschool programs and to explore ways that your site and/or organization can engage in deeper continuous quality improvement work.

Takeaways:

- Learn the history of Denver’s quality work and the current Denver landscape.
- Engage with the Denver Afterschool Alliance’s Pillars of Quality and discover how they connect to your program(s).
- Explore a variety of quality measures that may be useful to your organization.

Session Style: Interactive workshop

Recommended for: Site leads, managers and organization representatives interested in connecting to the Denver Afterschool Alliance and understanding the quality work in which it is engaged.

Let's Celebrate! Overcoming our negativity

Facilitator: Amy Brady, Founder, StandUP

Date: Thursday, January 16, 2020

Time: 10:00 a.m. – 12:00 p.m.

Location: DPS Acoma Campus (1617 South Acoma St., Denver, CO, 80223), Room 113

Description: Human beings have a negativity bias. In short, we give more weight to “bad” or “negative” experiences and emotions than the positive ones. In building our awareness of this bias, we can intentionally seek out and notice the positive, enhancing our day-to-day experience. The work of youth development is filled with ups and downs, highs and lows. If we allow our negativity bias take over, then we become increasingly overwhelmed, stressed and burned out, losing sight of all the beautiful and fulfilling moments in the day.

During this workshop participants will develop an understanding of their own negativity bias and how it impacts their work. We will discover what to put in it's place, developing several strategies for intentionally celebrating the positive every day.

Takeaways:

- Discover the impact of a negativity bias
- Develop strategies for replacing a negativity bias with a more positive approach

Session Style: Round table discussion and interactive workshop

Recommended for: Direct service/site staff; Managers or site leads; Organization leadership; New to youth development

Integrating Mindfulness into Youth Service Settings (Part 1 of 2)

Facilitator: Kelly Andrews, Founder & Mindfulness Consultant; Sunhearted LLC

Date: Tuesday, January 21, 2020

Time: 10:00 a.m. – 12:00 p.m.

Location: Boys and Girls Clubs of Metro Denver (2017 W 9th Ave Denver, CO 80204) - JC Owen Board Room

Description: Participants will learn how mindfulness can encourage emotional regulation in young people, and why that is important for executive functioning and mental health. We also learn how mindfulness can empower youth to be in control of their experience. We explore mindfulness practices and attitudes that can be easily integrated into your environment. Participants will have the opportunity to practice new mindfulness skills with peers and get feedback from the group.

Takeaways:

- Understand the effect of mindfulness on the brain.
- Assemble a toolbox of go-to mindfulness activities and games.
- Acquire skills to utilize mindfulness in day-to-day interactions with young people.

Session Style: Lecture; Round table discussion; Interactive workshop

Recommended for: Direct service/site staff; Managers or site leads; New to youth development

How Do I Answer Questions about Healthy Sexuality??!

Facilitator: Rose Barcklow, Sex Education Specialist, Denver Public Schools

Date: Thursday, January 23, 2020

Time: 10:00 a.m. –12:00 p.m.

Location: DPS Acoma Campus (1617 South Acoma St., Denver, CO, 80223), Room 113

Description: If you've ever been approached by a student who asked a question about sexual health and you felt unprepared to answer the question, this workshop is for you. This training will help after school providers develop the skills to answer students questions about healthy sexuality and create an inclusive and safe environment for all youth to thrive.

Takeaways:

- Learn the Answering Questions Protocol
- Practice the Answering Questions Protocol
- Develop basic knowledge about human development

Session Style: Interactive workshop

Recommended for: Direct service/site staff; Managers or site leads; Organization leadership; New to youth development

Integrating Mindfulness into Youth Service Settings (Part 2 of 2)

Facilitator: Kelly Andrews, Founder & Mindfulness Consultant; Sunhearted LLC

Date: Wednesday, January 29, 2020

Time: 10:00 a.m. – 12:00 p.m.

Location: DPS Acoma Campus (1617 South Acoma St., Denver, CO, 80223), Room 113

Description: This session will be a continuation of the learning that happened in Part I. Participants will learn how mindfulness can encourage emotional regulation in young people, and why that is important for executive functioning and mental health. We also learn how mindfulness can empower youth to be in control of their experience. We explore mindfulness practices and attitudes that can be easily integrated into your environment. Participants will have the opportunity to practice new mindfulness skills with peers and get feedback from the group.

Takeaways:

- Understand the effect of mindfulness on the brain.
- Assemble a toolbox of go-to mindfulness activities and games.
- Acquire skills to utilize mindfulness in day-to-day interactions with young people.

Session Style: Lecture; Round table discussion; Interactive workshop

Recommended for: Direct service/site staff; Managers or site leads; New to youth development

February 2020

Quality 201: Continuous Quality Improvement Basics

Facilitator: John Lewis, Data and Quality Manager & Network Lead, Denver Public Schools & Denver Afterschool Alliance

Date: Tuesday, February 4, 2020

Time: 10:00 a.m. – 12:00 p.m.

Location: DPS Acoma Campus (1617 South Acoma St., Denver, CO, 80223), Room 113

Description: Join the Denver Afterschool Alliance to discover how participants of the DAA's Systems Building work utilize the Weikart Center's Youth Program Quality Intervention to impact the quality of their programs. Attendees will have the opportunity to learn key components of the program intervention process and have the opportunity to explore the Youth Program Quality Assessment.

Takeaways:

- Understand the continuous quality improvement process that is used by DAA participants.
- Explore and grow personal knowledge of the Youth Program Quality Intervention process and the Youth Program Quality Assessment.

Session Style: Interactive workshop

Recommended for: Youth developers who want to dive deeper into the world of program quality, are curious about using the Program Quality Assessment at their site/organization, or are current participants of the DAA that are new to their role (e.g., newly hired site leads or managers).

Leveraging SEAL in Tough Situations

Facilitators: SEAL Coaches, Denver Afterschool Alliance

Date: Thursday, February 6, 2020

Time: 10:00 a.m. – 12:00 p.m.

Location: DPS Acoma Campus (1617 South Acoma St., Denver, CO, 80223), Room 113

Description: Social Emotional and Academic Learning (SEAL) is important to access at all time. It is more difficult for adults and youth to access this skills in times of stress or intense emotion. Participants will learn strategies and practice how to respond to difficult youth behavior, reflecting on their own needs and triggers while leveraging SEAL and SEAL rich strategies. Learn how to accompany youth through an intense emotional experience.

Takeaways:

- Self-reflection tools
- Strategies for responding to challenging behavior

Session Style: Interactive workshop

Recommended for: Direct service/site staff; Managers or site leads

Equitable Partnerships With Youth: Why and How to Make It Happen In Your Program

Facilitator: Joey Pace, Youth Success Director Office of Children's Affairs, City and County of Denver

Date: Tuesday, February 11, 2020

Time: 10:00 a.m. – 12:00 p.m.

Location: DPS Acoma Campus (1617 South Acoma St., Denver, CO, 80223), Room 113

Description: This session will educate participants on why it is important to have equitable youth and adult partnerships in youth programs and how this can lead to a more engaging and impactful program. Participants will be asked to engage throughout providing experiences, successes, and barriers from having their program have more equitable adult-youth partnerships.

Takeaways:

- Participants will come to understand why equitable youth and adult partnerships are critical to youth programs and how to better advocate for these partnerships.
- Participants will better understand what steps they can take, regardless of the size of the program, to implement these partnerships.
- Participants will know how to access how well they are doing in the implementation of these partnerships.

Session Style: Lecture, Round table discussion, Interactive workshop

Recommended for: Direct service/site staff; Managers or site leads; New to youth development

Youth Development Executive Director Meetup (Coffee & Conversation) - February 2020

Facilitator: Andrea Rabold, Executive Director, Mirror Image Arts

Date: Thursday, February 13, 2020

Time: 9:15 a.m.-10:45 a.m.

Location: Prodigy Coffeehouse (3801 East 40th Avenue Denver, CO 80205)

Description: Come grab coffee and get to know other Executive Directors/CEOs working in youth development in the Denver metro area. We will discuss our successes and challenges, strategize on how to work collaboratively towards common goals, and have some fun!

Takeaways:

- Relationships with your colleagues at peer organizations
- Inspiration and suggestions for challenges you are facing
- Stronger collaborative network of youth development professionals

Session Style: Round table discussion & networking

Recommended for: Executive Directors, CEO, organizational leaders

You're Doing It, and You (probably) Don't Even Know It... - Exploring Our Biases

Facilitator: Robert Franklin, Programs Manager, Children's Hospital Colorado

Date: Tuesday, February 18, 2020

Time: 9:00 a.m. – 12:00 p.m.

Location: Boys and Girls Clubs of Metro Denver (2017 W 9th Ave Denver, CO 80204) - JC Owen Board Room

Description: Bias exists, it's alive and well. Our biases lead us to do and say things we think are well intended, and still manage to impact our youth and co-workers negatively. In this session, we will talk about how sometimes, what we say isn't what we mean, and where the disconnect comes from.

Takeaways:

- Learn about the biases we all have, and how to mitigate their impact.

- Observe and engage with microaggressions found in everyday life and examine their impact.

Session Style: Lecture; Round-table discussion

Recommended for: Direct service/site staff; Managers or site leads; Organizational Leadership; New to youth development

Diversity, Equity, and Inclusion with Youth in Nature and the Outdoors

Facilitator: Tash Mitchell, My Outdoor Colorado Coordinator at Cole, cityWILD

Date: Thursday, February 20, 2020

Time: 10:00 a.m. – 12:00 p.m.

Location: DPS Acoma Campus (1617 South Acoma St., Denver, CO, 80223), Room 113

Description: After school providers offer an array of activities that are aimed at getting youth of color into nature and the outdoors in an effort to help youth develop a love of nature and an attitude of outdoor stewardship. Often, this push to get youth outside is done with an underlying assumption that youth of color lack an appreciation for and a connection with the outdoors. This workshop will encourage after school educators to re-evaluate the ways in which they engage youth of color in nature and the outdoors through a Diversity, Equity, and Inclusion lens.

Takeaways:

- Differentiate between Diversity, Equity, and Inclusion
- Explore the ways in which youth are already connected to nature and the outdoors
- Identify barriers to racial equity and inclusion in nature and the outdoors

Session Style: Interactive workshop

Recommended for: Direct service/site staff; New to youth development

Positive Youth Development

Facilitator: Lorin Wakefield, Youth Development Specialist, CDPHE

Date: Tuesday, February 25, 2020

Time: 9:00 a.m. – 12:00 p.m.

Location: DPS Acoma Campus (1617 South Acoma St., Denver, CO, 80223), Room 113

Description: Positive Youth Development, “PYD” is an approach that incorporates the development of skills, opportunities and authentic relationships into programs, practices and policies, so that young people reach their full potential. This training is open to youth serving professionals or anyone interested in youth wellbeing.

Takeaways:

- Identify components of adolescent development
- Define Positive Youth development and key principles
- Explore how to start applying PYD principles to work settings

Session Style: Lecture; Round table discussion; Interactive workshop

Recommended for: Direct service/site staff; Managers or site leads; Organizational Leadership; New to youth development

Refugee Youth: Challenges, Barriers and Factors that Influence Successful Integration

Facilitator: Kailey Otten, School Programs Coordinator, Lutheran Family Services Rocky Mountains

Date: Wednesday, February 26, 2020

Time: 10:00 a.m. – 12:00 p.m.

Location: Schlessman YMCA (3901 E Yale Avenue Denver, CO 80210) - Community Room on the 2nd Floor

Description: In this session, participants will learn about refugees and asylees at a global, national, and local level. We will process the unique struggles and triumphs of refugee youth both academically and socially through activities and discussion and

consider strategies for connecting and working with refugee youth and their families in various settings.

Takeaways:

- In-depth knowledge of refugee resettlement and the state of resettlement in Colorado
- Strategies for working with refugee youth
- Resources to help connect with refugee youth and their families

Session Style: Lecture; Round table discussion; Interactive workshop

Recommended for: Direct service/site staff; Managers or site leads; Organizational Leadership; New to youth development; Anyone interested in learning more about refugees

Foundations of a Trauma-Informed Approach (Part 1 of 2)

Facilitator: Kyle Bixenmann, Manager of External Training, Mount Saint Vincent

Date: Friday, February 28, 2020

Time: 9:00 a.m. – 12:00 p.m.

Location: DPS Acoma Campus (1617 South Acoma St., Denver, CO, 80223), Room 113

Description: This the first part of a two part series about providing trauma-informed support to young people. This session will explore how the brain develops and organizes, including the elements that come together to create positive development in young people. Next, we will look at how trauma impacts brain development and how we can reframe challenging behavior using trauma-informed key concepts to help us respond more supportively. Finally, we will discuss an overview of strategies to help support young people before, during, and after a challenging situation to help them regulate and learn from the situation.

Takeaways:

- A model for understanding brain organization and development
- Key trauma-informed concepts that help to reframe young people's challenging behavior

- An overview of strategies to help support young people, before, during, and after a challenging situation.

Session Style: Lecture & Interactive workshop

Recommended for: Direct service/site staff; Managers or site leads; Organization leadership; New to youth development

March 2020

How to Facilitate for Adults to Thrive

Facilitators: Heather Intres and Bryan Bohanan, Extended Learning & Community Schools, Denver Public Schools

Date: Tuesday, March 3, 2020

Time: 9:00 a.m. – 12:00 p.m.

Location: DPS Acoma Campus (1617 South Acoma St., Denver, CO, 80223), Room 113

Description: Adult learners need know what does this mean for me and how do I transfer this knowledge successfully. From the set-up of your room, to meeting the needs of different types of learners, workshop participants will engage in the Learn, Practice, and Enact cycle. Focus will be on engaging audience techniques, understanding learners in a shared space, how to create collateral that doesn't put people to sleep. The group will also spend time on redirecting techniques for rogue audience members and how start and end every training for supporting social and emotion needs.

Takeaways:

- Concrete agenda setting best-practices
- Expert techniques on how to facilitate a room of adults
- Develop an Action Plan for your next meeting or training

Session Style: Interactive workshop

Recommended for: Managers or site leads; Organization leadership

Emotional Literacy at Your Site

Facilitators: Robert Franklin, Programs Manager, Children's Hospital Colorado and Katherine Reed, Creative Arts Therapist, Children's Hospital Colorado

Date: Thursday, March 5, 2020

Time: 9:00 a.m. – 12:00 p.m.

Location: DPS Acoma Campus (1617 South Acoma St., Denver, CO, 80223), Room 113

Description: Many of us are aware of emotional intelligence and the impact of tapping into our own feelings and the feelings of others. Too often we struggle with ways to engage with, and talk about our emotions, especially in program. In this session, we will explore different ways to approach talking about the emotions we come in contact with from a lens of art therapy.

Takeaways:

- Define emotional literacy for staff working with/for youth
- Opportunities to engage with different modalities of expression
- Discuss how difference impacts how we address emotions

Session Style: Lecture & Interactive workshop

Recommended for: Direct service/site staff; Managers or site leads; New to youth development

Building a Culturally Responsive Learning Environment

Facilitator: Parker McMullen Bushman, Butterfly Pavilion- VP of Programs / Ecoinclusive- Justice, Equity, Diversity & Inclusion Strategist

Date: Tuesday, March 10, 2020

Time: 9:00 a.m. – 12:00 p.m.

Location: Boys and Girls Clubs of Metro Denver (2017 W 9th Ave Denver, CO 80204) - JC Owen Board Room

Description: Students of marginalized communities often times lack enthusiasm for the lessons and programs that they don't see themselves in it. This makes it difficult for educators to be effective. This workshop will focus on identifying unconscious bias in our curriculum, learning environments and personal lives.

Takeaways:

- To raise a greater awareness of the roles culture and bias play in our teaching.
- Learn about forms of bias in instructional materials.
- To recommend tools for creating a culturally responsive learning environments.

Session Style: Lecture & Round table discussion

Recommended for: Direct service/site staff; Managers or site leads; New to youth development

Becoming a Culturally Responsive Educator Part I

Facilitator: John Lewis, Data and Quality Manager, Denver Public Schools and Network Lead, Denver Afterschool Alliance

Date: Wednesday, March 11, 2020

Time: 9am-12pm

Location: DPS Acoma Campus (1617 South Acoma St., Denver, CO, 80223), Room 113

Description: In this 2-part workshop participants will learn tools and strategies of Culturally Responsive Educators. Active participation and inquiry are essential to the success of this workshop. Together we will explore how using a culturally responsive approach in out-of-school time builds community, increases program quality and promotes learning and development. Attendance in both sessions is required. In the first session, we introduce foundations of culturally responsive teaching and unpack four areas of practice. Each participant will develop a plan to explore one of the practice areas through application in their daily work. In the second session, participants will engage in critical self-reflection and share insights from their practice.

Attendance in both sessions is required.

Takeaways:

- Expand vocabulary for talking about culturally responsive education
- Learn strategies to support cognitive development
- Practice applying elements of culturally responsive education in out-of-school time

Session Style: Lecture, round table discussion, and interactive workshop

Recommended for: Direct service/site staff; Managers or site leads; Organization leadership; New to youth development

POSTPONED: Applications of a Trauma-Informed Approach (Part 2 of 2)

Facilitator: Kyle Bixenmann, Manager of External Training, Mount Saint Vincent

Date: Friday, March 13, 2020

Time: 9:00 a.m. – 12:00 p.m.

Location: DPS Acoma Campus (1617 South Acoma St., Denver, CO, 80223), Room 113

Description: This is the second part of a two part series about providing trauma-informed support to young people. This session will focus on applying the trauma-informed concepts learned in the Foundations of a Trauma-Informed Approach class to actual children that we serve. Using Mount Saint Vincent's, state-based intervention planning tool, participants will walk through a case study of an actual young person and see how we used an understanding of trauma and neurobiology to develop a plan to support him. Working in table groups, participants will then have the opportunity to develop their own state-based intervention plans for young people they work with to help them better navigate challenges.

Takeaways:

- A template for support planning for young people impacted by trauma
- An actual plan to use with a young person in your program

Session Style: Lecture & Interactive workshop

Recommended for: Direct service/site staff; Managers or site leads; Organization leadership; New to youth development

VIRTUAL: Peaceful Minds, Peaceful Programs

Facilitator: Natalie Magnatta, Library Program Associate, Early Learning Department, Denver Public Library

Date: Thursday, March 19, 2020

Time: 10:00 a.m. – 12:00 p.m.

Description: Do you wish your students were more focused, calm, kind and more able to self regulate? Do you also sometimes wish for more of those traits in yourself as well? In this session, we will focus on mindfulness techniques that after school providers can do on their own and alongside their students. We will discuss the science behind mindfulness and brain function and development to better understand why and how these practices affect us. I will also share easy-to-implement resources for how to include these practices in your program, including breathing, songs, and movement that is appropriate for children 1-8 years old.

Takeaways:

- Understand the science behind mindfulness, brain function and development, and how mindfulness affects us and supports Trauma Informed Care
- Learn self-care and mindfulness strategies they can do for themselves on their own
- Learn easy-to-implement resources for how to include these practices in their program, including breathing, songs, and movement that is appropriate for children 1-8 years

Session Style: Lecture & Interactive workshop

Recommended for: Direct service/site staff; New to youth development; Targeted for those who work with the 1-8 age range

VIRTUAL: Becoming a Culturally Responsive Educator - Part II

Facilitator: John Lewis, Data and Quality Manager, Denver Public Schools and Network Lead, Denver Afterschool Alliance

Date: Wednesday, March 25, 2020

Time: 9:00 a.m. – 12:00 p.m.

Description: In this 2-part workshop participants will learn tools and strategies of Culturally Responsive Teaching (CRT). Active participation and inquiry are essential to the success of this workshop, together we will:

- Expand our vocabulary for talking about culturally responsive education
- Explore the four practice areas for the Ready for Rigor Framework (Hammond, 2015):
 - Awareness
 - Information Processing
 - Learning Partnerships
 - Community of Learners and Learning Environment
- Learn how to leverage the natural learning systems of our students to enhance learning and development
- Understand how using a culturally responsive approach in out-of-school time contributes to closing the opportunity gap
- Practice applying elements of CRT in out-of-school time contexts

Attendance in both sessions is required.

This workshop is designed in two parts. In the first session, we introduce foundations of culturally responsive teaching and unpack elements of the Ready for Rigor Framework. Each participant will develop a plan to explore one of the practice areas through application in their daily work. In the second session, participants will engage in critical self-reflection and share insights from this practice.

Session Style: Lecture, round table discussion, & interactive workshop

Recommended for: Direct service/site staff; Managers or site leads; Organization leadership; New to youth development; Experienced youth developers

April 2020

VIRTUAL: Coffee and Conversation: Increasing Youth Voice and Leadership in Programming

Facilitator: Hayley Krawitz, Outreach and Recruitment Coordinator, Colorado Young Leaders

Date: Monday, April 6, 2020

Time: 10:00 a.m. – 12:00 p.m.

Description: Come grab coffee and converse with local youth and youth voice advocates on ways to increase the comfortability of your youth in program and learn ways to give them platforms to use their voices.

Takeaways:

- Increase youth voice in programming
- Learn ways to be open to integrating youth into development

Session Style: Round table discussion

Recommended for: Direct service/site staff; Managers or site leads; Organization leadership; New to youth development; Experienced youth developers

POSTPONED: "Thata boy girl": Conversations on Gender, Vocabulary and Inclusion -- Part I

Facilitator: Randy Geary, Program Supervisor, Extended Learning and Community Schools, Denver Public Schools

Date: Tuesday, April 7, 2020

Time: 9:00 a.m. – 12:00 p.m.

Location: DPS Acoma Campus (1617 South Acoma St., Denver, CO, 80223), Room 113

Description: “Boys and girls it’s time to clean up”, “Boy’s line to the left, girl’s line to the right.” How often have you heard these at your site? What is cis, trans, non-binary,

gender non-confirming? Or have you had John show up to program the last two days and now Susie is present? In “Thata boy girl” our collaboration will focus around exploring the gender expansive and its terminology, discuss and break down gender roles/stereotypes and barriers, delve into our own biases in terms of gender, and seek to, as a collective, being to break apart societal barriers of gender in our programming by exploring "inclusion as belonging".

Takeaways:

- Basic understanding of the Gender Expansive
- Communicate common Gender Vocabulary
- How to explore our own Gender Biases and how to minimize them
- Understanding Inclusion as Belonging

Session Style: Lecture, round table discussion, & interactive workshop

Recommended for: Direct service/site staff; Managers or site leads; Organization leadership; New to youth development; Experienced youth developers

VIRTUAL: How to Host a Virtual Meeting/Training for Adults

Facilitator: Melanie Kartzmer, Program Manager, Denver Afterschool Alliance and Abbe Knake, Talent and Development Manager, Boys & Girls Clubs Metro Denver

Date: Tuesday, April 14, 2020

Time: 11:00 a.m. – 12:30 p.m.

Description: Transitioning meetings and training to a virtual space can be difficult. How do you still engage, connect, and learn together through a screen? Come learn about many of the Zoom tips & tricks to facilitate an effective meeting or training for adults.

POSTPONED: "Thata boy girl": Conversations on Gender, Vocabulary and Inclusion -- Part II

Facilitator: Randy Geary, Program Supervisor, Extended Learning and Community Schools, Denver Public Schools

Date: Thursday, April 16, 2020

Time: 10:00 a.m. – 12:00 p.m.

Location: DPS Acoma Campus (1617 South Acoma St., Denver, CO, 80223), Room 113

Description: After taking back the knowledge gained from Part I to participants programs, participants will return to the table and discuss their observations of their individual programs through a gender inclusive lens. In small groups, you will discuss your observations and share thoughts and concerns. After exploring the concept of "Ally as a Verb, not a Noun" participants will create their Gender Inclusion Plans with special care given to those actionable items that are low effort with high impact.

Takeaways:

- How Ally is a verb not a noun
- Create a Gender Inclusion Plan

Session Style: Lecture, round table discussion, & interactive workshop

Recommended for: Direct service/site staff; Managers or site leads; Organization leadership; New to youth development; Experienced youth developers

VIRTUAL: Team Building in the Virtual World- how to keep your staff engaged

Facilitator: Adam Kullberg, Interim Executive Director, Pop Culture Classroom

Date: Monday, April 20, 2020 & Monday, May 11, 2020

Time: 10:00 a.m. – 12:00 p.m.

Description: In this new climate, it can become easier for staff to feel isolated, disconnected, or siloed. In this session, we will discuss and brainstorm strategies for keeping staff engaged, motivated, and connected.

VIRTUAL: Infusing PYD & CQI into Virtual Offerings for Youth

Facilitator: John Lewis, Network Lead, Denver Afterschool Alliance

Date: Friday, April 24, 2020 & Tuesday, May 5, 2020

Time: 10:00 a.m. – 12:00 p.m.

Description: As providers shift over to virtual classes maintaining a focus on program quality is more important than ever. Join us to explore ways to effectively engage young people with a positive youth development (PYD) and youth program quality (YPQ).

VIRTUAL: Communication and Rapport Building

Facilitator: Tonia Crosby, Founder, BhavanaKIDS

Date: Tuesday, April 28, 2020

Time: 10:00 a.m. – 12:00 p.m.

Description: Understanding methods and strategies for engaging in meaningful communication and rapport building across work and life is paramount to healthy and lasting relationships. This interactive workshop with bKIDS founder Tonia Crosby explores the importance of non-violent communication, active listening and authentic rapport building.

Takeaways:

- Understand authentic rapport building as a leading strategy for engaging in relationships.
- Explore non-violent communication and active listening methods.
- Leave with tools, techniques and strategies that can be applied in life and work.

Session Style: Interactive workshop

Recommended for: Direct service/site staff; Managers or site leads; Organization leadership; New to youth development; Experienced youth developers

May 2020

VIRTUAL: Building Your Career- Resume and Interviewing 101

Facilitators: Heather Intres, Associate Director, Extended Learning & Community Schools, Denver Public Schools and Melanie Kartzmer, Program Manager, Denver Afterschool Alliance

Date: Monday, May 4, 2020

Time: 10:00 a.m. – 12:00 p.m.

Description: The out-of-school time field is striving for the next level of professionalism, and it starts with YOU. This will be a highly tactical training where participants will gain skills to enhance their resume and practice interview techniques.

POSTPONED: Coffee & Conversation: Bridging the Gap- a conversation with principals and site leaders

Facilitator: Omid Amini, Manager, Extended Learning and Community Schools, Denver Public Schools

Panel Participants: Davon Renfrow, Principal, Godsman Elementary; Leila Benedyk, Club Director, Godsman Elementary; Grant Varveris, Principal, Skinner Middle School; Jesse Broadfoot, Manager, Extended Learning and Community Schools, Denver Public Schools

Date: Tuesday, May 5, 2020

Time: 10:00 a.m. – 12:00 p.m.

Location: DPS Acoma Campus (1617 South Acoma St., Denver, CO, 80223), Room 113

Description: One of the critical ingredients for a high quality OST program is strong relationships with the school day staff. These relationships lead to increased communication, understanding, and partnership. Are you currently looking for strategies and techniques to form or strengthen these relationships? Join us for this

“coffee and conversation” with Denver Public Schools principals and the out-of-school time site directors who have strong and authentic relationships that have led to high quality programming and a high functioning school.

Takeaways:

- Staff will walk away with strategies and techniques to improve or build a relationship school leaders and new perspectives and ideas on afterschool programs.
- Staff will learn from both principals and site leaders on what success looks like in the afterschool space.

Session Style: Round table discussion

Recommended for: Managers or site leads

POSTPONED: Find the Spark: Creating connection with your students through discovering passion areas

Facilitator: Hayley Krawitz, Outreach and Recruitment Coordinator, Colorado Young Leaders

Date: Thursday, May 7, 2020

Time: 10:00 a.m. – 12:00 p.m.

Location: The Guild- Englewood, 3435 S Inca St Ste C, Englewood, CO 80110

Description: What is the reason behind why you do what you do in the field? Is it a spark of passion or purpose for you? Could you name the passion areas of your participants or staff and are they being snuffed out in programming or is fanned to grow bigger? In this session we will be discussing ways to identify and integrate your personal spark into your programming without losing focus of the goals as well as ways to help utilize your student's passions into your program to increase personal engagement.

Takeaways:

- Increasing student engagement, positive interaction, and student voice in your programming
- Help cultivate personal drive and passion in the field of youth development

Session Style: Round table discussion & interactive workshop

Recommended for: Direct service/site staff; Managers or site leads; Organization leadership; New to youth development; Experienced youth developers

VIRTUAL: Coffee & Conversation: In-Person Youth Programming During COVID-19

Date: Friday, May 15, 2020

Time: 9:00 a.m. – 10:00 a.m.

Description: While many organizations are shifting to virtual programming, some of you will be reopening your doors in a few weeks for the first time since the shutdown. As such, you may have some questions around how best to keep youth, staff and families safe during in person programming this summer.

Join us for a conversation with Katie Cannon Zhang (Program Director at YMCA) and Melissa Franklin (Coordinator at Denver Parks and Recreation) as they share lessons learned regarding their experience with live programming through physical distance. The YMCA has created a document detailing their efforts since opening their doors in March to provide care to children of first responders.

VIRTUAL: Using Google & YouTube to Connect with Kids

Facilitators: Steve Russell-Holz, Digital Coach Supervisor, Denver Public Schools and Peter Douglas, Educational Technology Specialist, Denver Public Schools

Date: Tuesday, May 19, 2020

Time: 10:00 a.m. – 11:30 a.m.

Description: Google has dramatically increased the availability of their business and education tools to support families in this time of remote learning. In this session, we will talk through the use of Google Meets (via personal accounts, not DPS accounts) and YouTube to reach out and serve families with additional programming.